

Application No. 10/813,923

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What is claimed:

1. (Currently amended) A golf stance stabilizing apparatus for executing a golf shot, the apparatus comprising a forward foot gripping element including means for securing a forward foot, a rear foot gripping element including means for securing a rear foot, and a stance adjustment mechanism means for adjusting the distance between said forward foot gripping element and rear foot gripping element to minimize movement of a golfer's feet and maintain said golfer's feet in a parallel configuration with respect to each other, wherein said stance adjustment mechanism is arranged horizontally between said gripping elements.
2. (Canceled) The apparatus of claim 1, further comprising an adjustment mechanism for adjusting the distance between said forward foot gripping element and rear foot gripping element.

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3. (Currently amended) The apparatus of claim 1 where in said adjustment means is comprised of two opposing, complimentary attaching means releasably connectable together.

4. (Currently amended) The apparatus of claim 1 wherein said means for securing a forward foot and said means for securing a forward foot each comprise ~~is in the form of~~ two opposing straps releasable releasably attachable to each other.

5. (Currently amended) The apparatus of claim 1 wherein said means for securing a rear foot comprises ~~is in the form of~~ two opposing straps releasable releasably attachable to each other.

6. (Currently amended) The apparatus of claim 54, wherein the two opposing straps are ~~releasable~~ releasably attached to each other by buttons or fabric.

7. (Original) The apparatus of claim 1 wherein said forward foot gripping element further comprises a base strap.

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8. (Original) The apparatus of claim 1 wherein said rear foot gripping element further comprises a base strap.

9. (Currently amended) The apparatus of claim 6 wherein said two opposing straps ~~releasable-releasably attachable to each other~~ are further attached to said a base strap.

10. (Currently amended) The apparatus of claim 1 wherein said means for securing a rear foot and said means for securing a forward foot each comprise is ~~in the form of~~ a base strap and ~~an~~ two opposing straps being releasable releasably attachable to each other, wherein said opposing straps are is attached to said base strap.

11. (Currently amended) The apparatus of claim 1 wherein at least one of said forward foot and rear foot gripping elements further comprise a means for attaching an additional strap; wherein an additional strap is attached to said means for attaching, wherein the additional strap further comprising comprises a

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complimentary means for attachment at a first end to be releasably connected to said means for attaching an additional strap.

12. (Currently amended) The apparatus of claim 11, wherein the length of the additional strap is capable of being adjusted.

13. (Currently amended) The apparatus of claim 12, wherein the additional strap further comprises a means for attaching the additional strap to a person's leg at a second end opposite said first end.

14. (Currently amended) The apparatus of claim 11, wherein said forward foot gripping element and rear foot gripping element both comprise a means for attaching an additional strap and respective additional straps connected thereto
~~the additional strap further comprises a means for attaching the additional strap to a person's leg.~~

15. (Currently amended) The apparatus of claim 14, wherein the additional straps further comprises a means for attaching the additional straps to both of a golfer's person's legs at a second end opposite said first end.

~~means for maintaining balanced weight distribution comprises,~~ is a first strap capable of being releasably attached to the forward foot gripping element via a first end and a second strap capable of being releasably attached to the rear foot